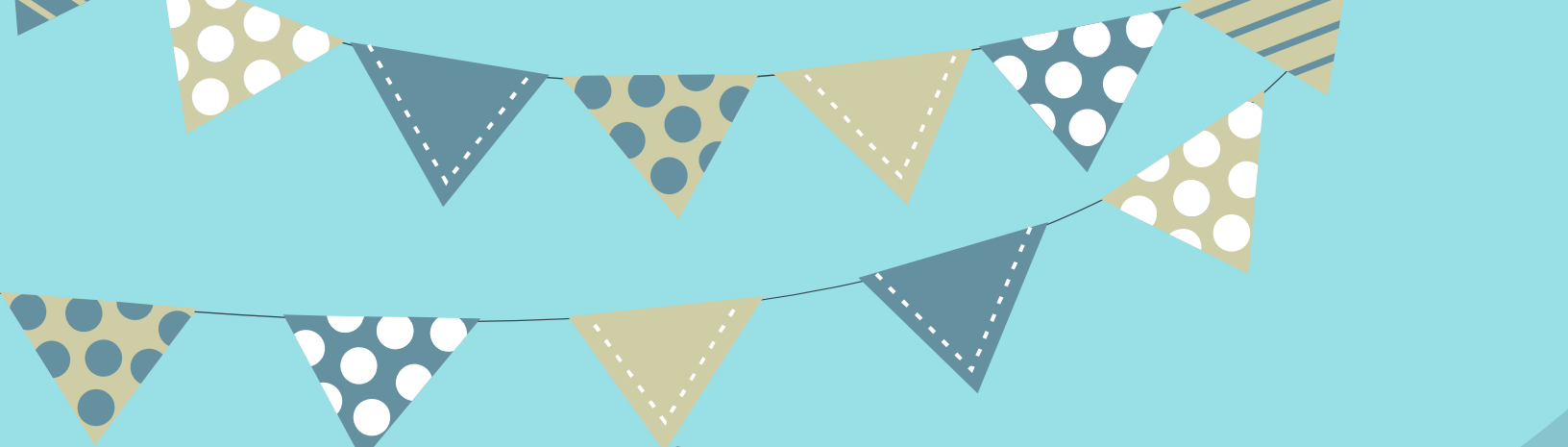
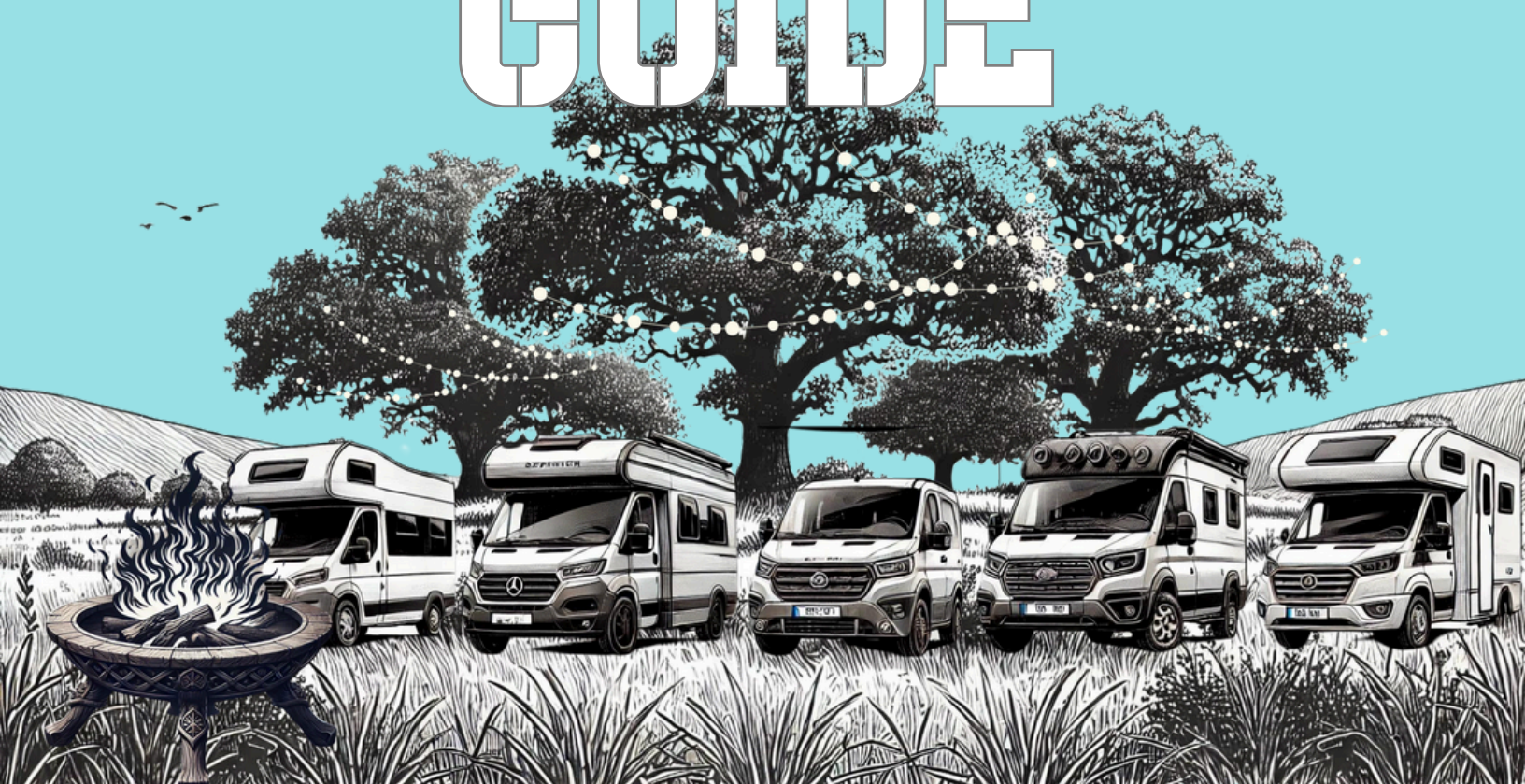




Vanlife Eats

2024

FESTIVAL GUIDE



DIRECTIONS

HOW TO GET HERE



Dummer Down Farm
Dummer Down Lane
Dummer
Basingstoke
RG25 2AR

Main entrance: what 3 words:
degree.soggy.similar

Follow signs for the Cricket Center

Important! Please don't upset the neighbours by driving throguh Dummer village!
Access is easier and more van friendly if you come off the A30.

SITE INFO

Tickets

Your tickets have been emailed to you during the order process. Please check your spam if you cannot find them.

Upon arrival please have your QR code ready to scan this must match your vehicle registration number. Any problems please email us immediately at hello@vanlifeeats.com

Parking

You will be asked which area you would like to park in on arrival. Please park up your vehicle sensibly in the space directed to you by the parking steward. For everyone's safety we would like to avoid vehicles moving around during the event. If you do need to move for any reason you must only do so with the assistance of a festival marshall.

BBQ's & Firepits

Both fires and BBQ's are permitted on site but both must be elevated from the ground for everyone's safety and as not to damage the grass. Please take care and be responsible with fires and have an extinguisher close by if possible.

Both fires & BBQ's **MUST** be attended at all times and need to be completely out before retiring for the night.

Dogs

Dogs are very welcome at the event. We ask that they are kept on leads when in the festival area as some vanlifers have cats etc which may be exercising. This also reduces the chance of dog poo not being picked up.

Campervan showcase

There will be an area for show vans to park, but this will be a relaxed showcase, there are no timings. Please respect people want to enjoy their weekend too and so may not be available for visitors.

Pitches

There are a number of camping areas, in the loud area music will be allowed to continue after 11.30pm. In the quieter camping areas there is a noise curfew of 11.30pm. Awnings are allowed.

Rubbish & Waste

This is our chance to prove Vanlifers are responsible and mindful of our environment! The last 3 years the litter picking team were redundant as there was no litter - let's do the same this year!

Rubbish bins are placed around the farm, all waste is separated into waste & recycling after the event. So please place all waste in the bins. If bins are full at the end of the event please take rubbish with you.

Please note there is no grey water disposal.

Glass

Please note for safety of visitors and our furry friends glass is not permitted on site.

Toilets

Please use toilets respectfully. There is an Elsan point by the farm shop so please do not empty cassettes into the toilets. Anyone found doing this will be asked to leave. There will also be accessible toilets.

Water

There are several drinking water points located around the main field.

First Aid

We have very little first aid expertise on site and so we ask you to be mindful of this. We will have a first aid kit in the Vanlife Eats van should you need some basic assistance. The nearest hospital is 6 miles away, Basingstoke and North Hampshire Hospital.

Dummer Down Farm is a family run farm and as such we need to respect the family and their space. There is an area indicated on the map as The Spinney. This is a very sentimental garden for the family and is strictly out of bounds. No-one must enter this part of the field. Thank you.

Vanlife Eats

★★★★★ Festival ★★★★★

FRIDAY

THE KASBAH

2PM - VANLIFE EATS WELCOME

3PM - HOW TO USE TIKTOK, SHORTS AND REELS TO GROW YOUR AUDIENCE
WITH MATT STAIT

4PM - INDIAN FOOD DEMO FROM CHAAT FOOD

LIVE MUSIC

6PM - SHE'S AT THE WHEEL

7PM - VEGAN QUEEN V

8PM - CHIP PAULY

9.30 - URBAN VANLIFE DJ SET

HEALTH & WELLBEING AREA

7PM - SOLO FEMALE SHARING CIRCLE

8PM - CONNECTING WITH NATURE FOR YOUR HEALTH AND WELLBEING

MAIN FIELD

5PM - VANLIFE EATS PASTA WORKSHOP

6.30PM - VAN ELECTRICS WITH BLUEFIX ENERGY

ALSO

FORAGING WALKS * SURVIVAL SKILLS * BUSHCRAFTING * KIDS
ENTERTAINMENT * BOUNCY CASTLE * AXE THROWING * ARCHERY * FACE
PAINT * LATE NIGHT FIRE PIT



Vanlife Eats

***** Festival *****

SATURDAY

THE KASBAH

10AM - THE FRIDGE MAN

11AM - KWOKLYN WAN COOKING DEMO

2PM - SOLO VANLIFE Q&A WITH VANLIFE WITH LUCI

3PM - NUTRITIOUS AND DELICIOUS BRUNCH WITH SHELLY

LIVE MUSIC

5PM - BADGERFOX (FEATURING SHE IS THE LOST GIRL)

6.30PM - LUKE EDNEY

9.30PM - COPPERHEAD

HEALTH & WELLBEING AREA

11AM - MIND BODY AND SOUL WELLNESS WORKSHOP

1.30PM - HYPNO RELAXATION FROM PATHFINDER THERAPIES

4PM - YOGA FOR DIGESTION

MAIN FIELD

9AM - DOG AGILITY CLASSES

12PM - HUNGRY BEAR NEXT LEVEL BARBEQUE

1PM - THE BIG PICNIC (FEATURING MAUDS DOG)

4PM - AREPAS WORKSHOP WITH VANLIFE EATS

5.45PM - BEAR HUG CAMPERS TALK CONVERSION

ALSO

FORAGING WALKS * SURVIVAL SKILLS * BUSHCRAFTING * KIDS
ENTERTAINMENT * BOUNCY CASTLE * AXE THROWING * ARCHERY * FACE
PAINT * GLITTER PAINT * HENNA * LATE NIGHT FIRE PIT



Vanlife Eats

***** Festival *****

SUNDAY

THE KASBAH

10AM - REGENERATIVE CULTURE WITH LUCIE MANN
11AM - MEXICAN COOKING DEMO FROM NO FORX GIVEN
12PM - KWOKLYN WAN COOKING DEMO
1PM - THE LOST NATIVE COOKING DEMO
2PM - MY MOROCCAN ADVENTURE WITH SARAH KEEST

LIVE MUSIC

3.30PM - BEYOND THE SONS
5.30PM - THIS IS QUEEN
8.30PM SLEDGEHAMMER



HEALTH & WELLBEING AREA

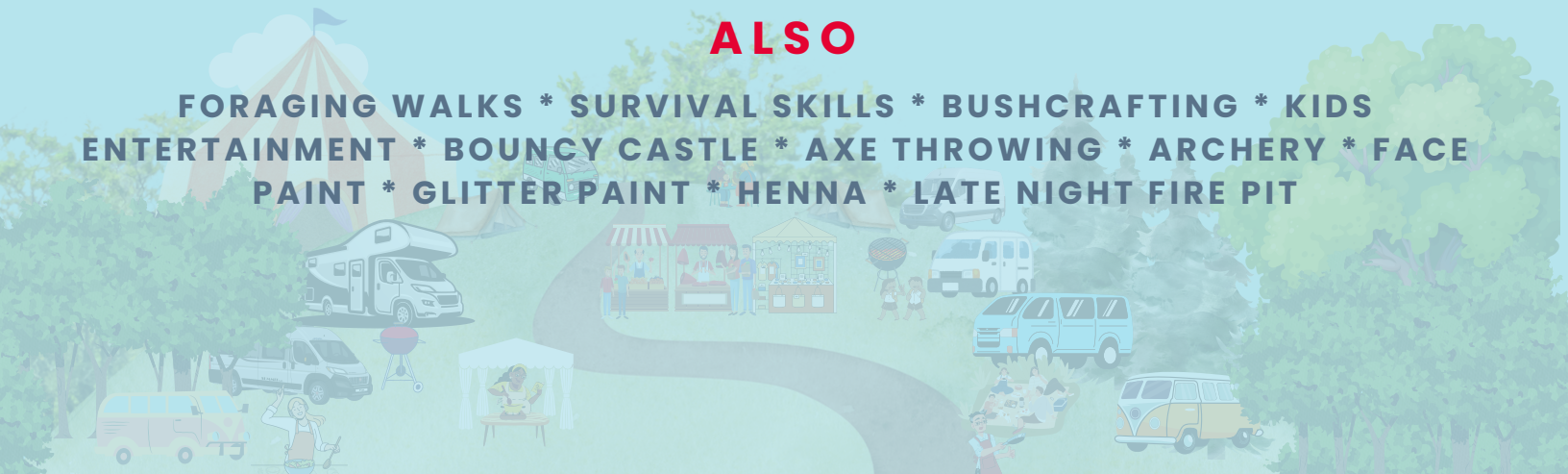
9AM - MORNING WAKE-UP YOGA
11AM - SELF DEFENCE WITH MATT STAIT
3.30PM - HYPNO RELAXATION FROM PATHFINDER THERAPIES

MAIN FIELD

9AM - DOG AGILITY CLASSES
3PM - DOG SHOW
5PM - OMNIA DEMONSTRATION

ALSO

FORAGING WALKS * SURVIVAL SKILLS * BUSHCRAFTING * KIDS
ENTERTAINMENT * BOUNCY CASTLE * AXE THROWING * ARCHERY * FACE
PAINT * GLITTER PAINT * HENNA * LATE NIGHT FIRE PIT



Food & Drink

THE BIG PICNIC

Saturday afternoon will see vanlifers gather together for an epic picnic! Enjoy the live music to really get into the festival spirit. Grab your picnic & a blanket and meet us in front of the copse at 1pm Saturday! See you there!

Alcohol

Alcohol is permitted at the festival and we have 2 excellent bars providing you with wine, cocktails and mocktails! The on-site brewery will be selling locally sourced craft beers and ciders & there will be a bar from local gin distillery.

BBQ's & Firepits

What would camping be without a BBQ? We would love you bring your own BBQ or firepit, but we ask you to please respect the farmers field that we are using and only use elevated ones as not to scorch the field. I'm afraid we will have to be strict on this and we will ask you to put out any BBQs or firepits that are not elevated.

Caterers

We will have additional caterers this year serving delicious food & desserts. There is also a farm shop on-site and some amazing food stalls in the artisan market. The coffee can will be back with their delicious coffees and baked goods.



COOKING DEMOS



Friday, 4pm: Authentic Indian Cooking | Kasbah Stage
With of Emily, Chaat Food truck

Friday, 5pm: Pasta Workshop | Main Field
With Mark of Vanlife Eats

Saturday, 11am: Chinese Cooking | Kasbah Stage
With celebrity chef Kwoklyn Wan

Saturday, 12pm: Next level BBQ | Main Field
With Gary of Hungry Bear

Saturday, 3pm: Nutritious and Delicious Brunch | Kasbah Stage
With Shelly of You.Trition

Saturday, 4pm: Arepas Workshop | Main Field
With Mark of Vanlife Eats

Sunday, 11am: Mexican Cooking | Kasbah Stage
With No Forx Given

Sunday, 12pm: Chinese Cooking | Kasbah Stage
With celebrity chef Kwoklyn Wan

Sunday, 1pm: Vanlife Cooking | Kasbah Stage
With The Lost Native

Sunday, 5pm: Omnia Demonstration | Main Field
With Mark of Vanlife Eats

celebrity chef

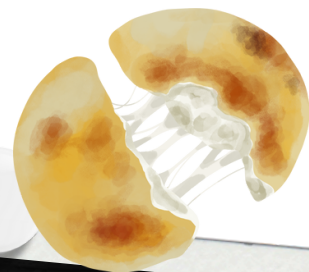
KWOKLYN WAN

**JOIN KWOKLYN WAN FOR EXCITING
CHINESE AND CAMPERVAN COOKING DEMOS
AT VANLIFE EATS! DELICIOUS RECIPES,
EXPERT TIPS, UNFORGETTABLE FLAVOURS!**

**KWOKLYN WILL ALSO BE FILMING FOR THE
FORTHCOMING CAMPERVAN COOKS SHOW!**



Sponsored by
CAMPINGAZ®



COOKING WORKSHOPS

Take your place at a campingaz cooking workstation and follow along with a professional chef cooking class!

Ingredients included!

learn a new and unique recipe that is the perfect addition to your campervan kitchen repertoire.

How it will work....

We have a limited number of workstations where you can simply rock up and start cooking along.

Should you find there is not a free workstation how about bringing your own table over along with a camping stove and we will give you some ingredients so that you can still join in.

What you need to bring over....

A table

A portable camping stove (we may have one you can borrow)

A frying pan (Saturday)

A plate

A spatula (turner)



**INCLUDED
IN
TICKET
PRICE!**



ARTISAN MARKET

We have an amazing artisan market lined up! This will be open Friday evening for a sneak peek with limited traders. Be sure to also visit between 10am-4pm on Saturday & Sunday. There will be different traders each day, so be sure to go back and check what's new. Stalls will be selling products from vanlifers, local crafters, local produce and small businesses. Please note not all stalls will be able to accept card so please have some cash. You are sure not to come away empty handed!



**Henna
Artist**

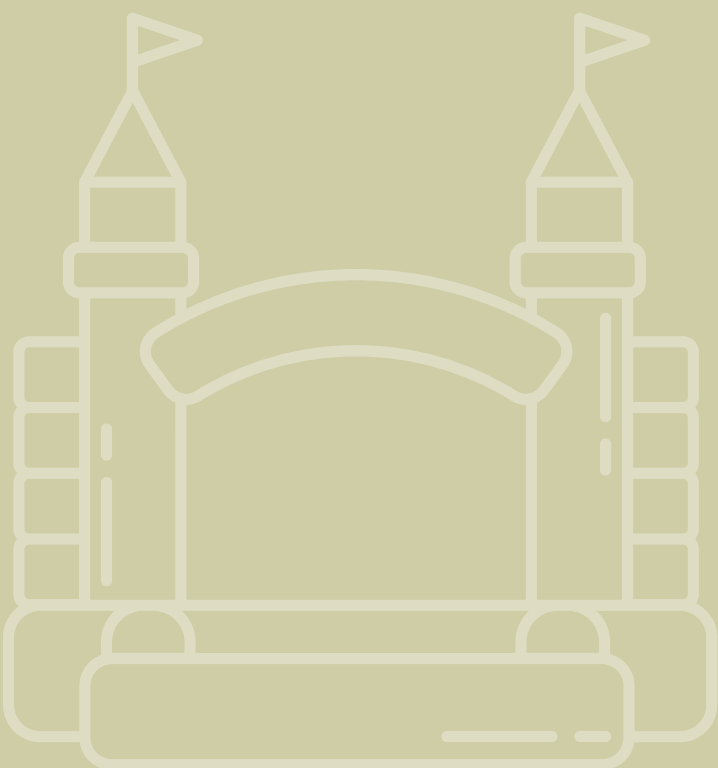
**Hair
braiding**

**Face
painter**

**Glitter
tattoo's**

The farm is very safe for children to play, and there is lots of space to run around. We know kids just want to spend all day on the bouncy castle. So we will of course have the ginormous bouncy castle again this year.

FOR THE KIDS



SHOW VANS

There are always some STUNNING vans at Vanlife Eats!

If you would like to show-off your van at the show, we've made this easy..

Showing your van

When you arrive let the staff on the gate know that you would like to show your van and they will direct you to the show area.

You will be given a green flag which you should display outside your van when you are happy for people to come over and look. If you are away from the van or having a nap then remove the flag.

Viewing vans

Please look out for the green flag. If the flag is not on show then the owners would like some privacy.

If you see the flag then the van owners are happy for you to go take a look.



Tag your weekend
@vanlifeeatsfestival

DRESS UP FOR

80'S NIGHT

**SLEDGE
HAMMER**



THIS IS
QUEEN

SUNDAY NIGHT



MEET

THE FRIDGE MAN



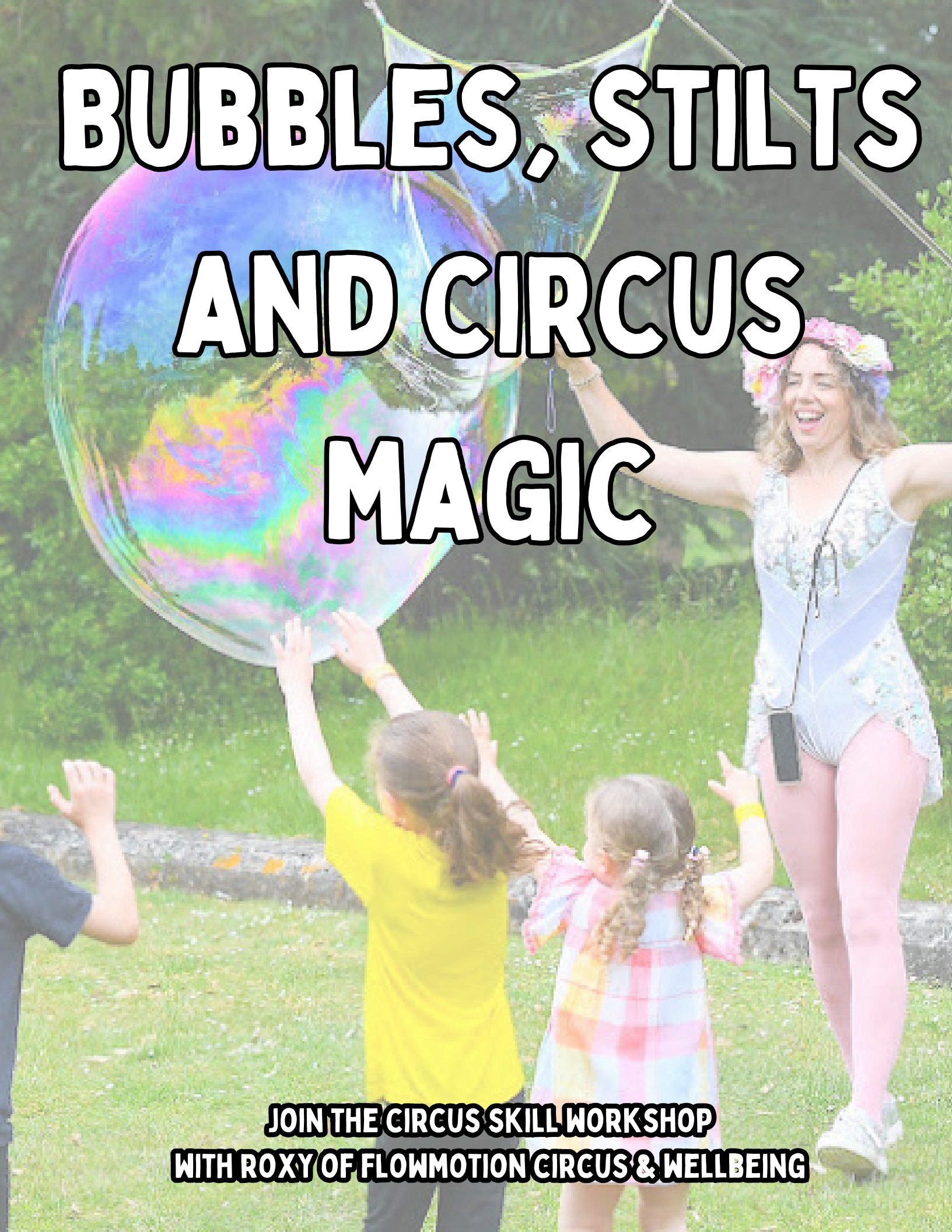
Joining us at this years Vanlife Eats Festival is Michael Copeland AKA The Fridge Man.

Michael is an ex military fitness instructor and has climbed some of the highest mountains in the world raising over £20'000 for charity but get this.. he only went and done it with a 30kg fridge strapped to his back!



Michael will be joining us on Saturday morning at 10am to talk about his impressive feats.

BUBBLES, STILTS AND CIRCUS MAGIC



**JOIN THE CIRCUS SKILL WORKSHOP
WITH ROXY OF FLOWMOTION CIRCUS & WELLBEING**

HOW TO USE TIKTOK, YT SHORTS AND REELS TO GROW YOUR AUDIENCE AND BUILD AN INCOME



A promotional graphic for a webinar. The background is a light pink color with large, colorful paint splashes in shades of blue, purple, and red. In the center, a man with a shaved head and a goatee, wearing a light blue shirt and a tan jacket, is shown from the chest up, looking slightly to his right. To the left of the man is a circular logo for 'Vanlife Eats' featuring a sunset scene with evergreen trees and a row of parked vans. Above the man's head, the YouTube logo is displayed in white text on a pink background. To the right of the man, the Facebook logo is shown in white on a dark blue background. Below the Facebook logo, the TikTok logo is displayed in its characteristic multi-colored font. At the bottom right, the Instagram logo is shown in white on a red background. In the bottom left corner, the text 'MATT STAIT' and 'FRIDAY 3PM' is written in a bold, black, sans-serif font.

You Tube

f

TikTok

Instagram

MATT STAIT
FRIDAY 3PM

Vanlife Eats

The Vanlife Eats Legendary **BAKE OFF!**

Get baking in your van and lets
see who can be this years Bake-
Off Champion!

Bakes are to be ready for 1pm
Saturday

Bring your bakes to the
designated table in the Kasbah

JUDGED BY SARAH

2023 BAKE OFF CHAMPION



THE BIG PICNIC

THE BIGGEST PICNIC IN
VANLIFE HISTORY

BRING A PICNIC AND JOIN US
ALL ON THE MAIN FIELD AT
1PM SATURDAY FOR ONE EPIC
PICNIC

FEATURING MUSIC BY MAUDS
DOG



IF YOU NEED ANYTHING AT ALL...

There will be an organisers office onsite where you will find help with anything relating to the festival. Marshalls will be in high vis jackets and will be happy to help.

If you see us at the Vanlife Eats van...

COME SAY HI!



Tag your weekend
@vanlifeeatsfestival

Sophie
&
Mark